



GEAR LIST

Due to the space limitations in rafts, it is important that your entire personal luggage, including sleeping bag, sleeping mat and ground sheet fits into the 70-litre (600mm X 400mm X 300mm) dry bag that you will be issued at the trip briefing the day prior to departure.

ESSENTIAL CLOTHING

- 3 x Long sleeved thermal top (**NOT COTTON**)
- 3 x Long legged thermal long johns
- 3 x Warm woollen or thermal socks
- 1 x Hat (worn under helmet)
- 1 x Sturdy river shoes e.g. Dunlop Volleys
- 1-2 x Quick dry/board
- 1 x Warm fleece tracksuit pants or polyester fibre pile pants, (**NOT jeans or cotton pants**)
- 1-2 x Thick fleece jacket or warm woollen jumper
- 1 x Dry shoes for in camp
- 1 x Good quality rain jacket with hood
- 1 x Good quality rain over pants e.g. Gortex base
- 1 x Woollen or thermal beanie
- 1 x Gloves
- 2 x Lightweight quick drying t-shirts

NOTE: Please do not pack any of the following:

- Cotton clothing as it has no thermal qualities when wet & can actually draw heat away from the body
- Aerosol cans of any kind
- Glass bottles of any kind
- Items of high value or irreplaceable nature
- Excessive amounts of soap, detergents or deodorants

ESSENTIAL PERSONAL ITEMS

- 1 x Sleeping bag rated to 0°C (minimum) or lower
- 1 x Thermarest or other lightweight sleeping mat
- 1 x Chamois or other lightweight towel
- 1 x Drink bottle (Nalgene or aluminium)
- 1 x LED headlamp (with spare batteries)
- 1 x Any personal medications
- 1 x Sunscreen
- 1 x Personal toiletries

OPTIONAL ITEMS

- Swimwear (normally for use under wetsuit)
- Camera or small Camcorder
- Insect repellent
- Sunglasses with retention strap
- Neoprene socks
- Small inflatable camping pillow
- Money (for stops on the bus to & from the river)
- Small lightweight tent
- Sleeping bag liner
- Book
- Deck of cards
- Journal
- iPod
- Small frameless daypack
- Thermarest chair
- Alcohol (decanted into secure plastic containers)
- Travel Insurance (Recommended)

WHAT WE PROVIDE

- All transport to and from the river (departing and returning to Hobart)
- Yacht transfer between Sir Johns Falls and Strahan
- Rafts and all rafting equipment including PFD, wetsuit, waterproof spray jacket, helmet and paddles
- Ground sheet for sleeping
- Group tarps for sleeping under
- 1 x 70ltr dry bags for your sleeping bag and clothes
- All meals, non-alcoholic drinks and snacks
- All cooking equipment including cups, plates and eating utensils
- National Parks Passes
- Toilet paper and toilet kit
- Antibacterial hand gel
- Small book library with a variety of reference books (including field guides)
- First aid and emergency safety equipment
- Storage of personal luggage that you don't wish to take on the river